Symptoms, Causes, and Treatment of Hypoglycemia in Children



Hypoglycemia in children is one of the major issues. The main cause of mild or severe hypoglycemia in children is insulin-treated type 1. When there is no proper diet of a person, exercise, or insulin hen can occur a health problem. It can be a cause the sugar level low in the blood. Glucose is the main thing of the human body that supplies fuel to the brain and body. The normal range of glucose is 70 to 140mg/dl.

Take a look at the causes of hypoglycemia in children:

This occurs when there is too much insulin, or this is also called an insulin reaction

Too much insulin or oral medicine

wrong insulation

incorrect reading

a missed meal

delayed meal

diarrhea or vomiting

injury, illness, infection, or other health issues

Symptoms of hypoglycemia in children:

sweating, dizziness, shakiness, hunger, headache, pale skin, confusion, nightmare

There are also many complications possible in children due to hypoglycemic: The human brain needs blood glucose to function properly. Not enough supply to the brain causes its function. The severe hypoglycemia caused the seizure and brain injury.

Treatment for a child with hypoglycemia:

The main thing is all measure the glucose level if the person already having diabetes.

Check the symptoms

Treat the condition as soon as possible

Drink something like juice, take cake icing, or a hard candy



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